## The Life and Legacy of Jacques Mayol 1x79'



n W Official Selection Toronto FIVARS Festival

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Official Selection









The story of the free-diving legend who broke all the records when he descended 105 meters under water with only one breath.

Photo: Daan Verhoeven



Photo by Mayol family archive

Dolphin Man tells the story of the legendary Frenchman who became the inspiration for Luc Besson's The Big Blue. Obsessed with the ocean his whole life, Mayol's personal exploration led to shattered records and advances in deep diving through a unique and compelling belief that man and dolphin share an aquatic ancestry.

Jacques' remarkable life story began in Shanghai and moved to Japan, Europe and wherever the famous free spirit wished to travel. Dolphin Man interviews subjects whose lives he has touched from Asia to North America and India, uncovering places of extreme beauty to explore how Jacques developed his groundbreaking physical practices of relaxation and yoga through Asian philosophies.

This is the story of a man who risked his life to break records for fame, but later transformed into a messenger who, through reaching the limits of the human body and mind, strived to deepen the bond between human beings and nature.



Genre : Human Interest, Nature Format : HD Duration: 1x79'

Photo by Mayol family archive







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